



COURSE OUTLINE: BSCN1000 - NURSING THEORY

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Course Code: Title	BSCN1000: THE FUNDAMENTALS OF NURSING THEORY
Program Number: Name	3401: HONOURS BSCN
Department:	BSCN - NURSING
Academic Year:	2024-2025
Course Description:	This course introduces the student to fundamental theoretical concepts in nursing that promote health and healing with a focus on the older adult population. Explores concepts related to nursing science as well as professional nursing roles and responsibilities in health care.
Total Credits:	3
Hours/Week:	3
Total Hours:	36
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	BSCN1100, BSCN1110
Vocational Learning Outcomes (VLO's) addressed in this course:	3401 - HONOURS BSCN VLO 1 Meet professional practice requirements as identified in the current Entry-to-Practice Competencies and Professional Standards of the College of Nurses of Ontario. VLO 4 Contribute to the nursing profession and healthcare through the practice of critical inquiry, self-reflection, and a commitment to professional growth through lifelong learning. VLO 5 Utilize critical thinking and reasoning to make evidence-informed clinical judgements. VLO 7 Utilize available technologies to communicate, educate, and provide appropriate care in a variety of contexts. VLO 8 Manage the care of people across the lifespan who have stable and unstable outcomes. VLO 11 Identify, support, and effect appropriate change in healthcare.
Essential Employability Skills (EES) addressed in this course:	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. EES 4 Apply a systematic approach to solve problems. EES 5 Use a variety of thinking skills to anticipate and solve problems. EES 6 Locate, select, organize, and document information using appropriate technology and information systems. EES 7 Analyze, evaluate, and apply relevant information from a variety of sources. EES 9 Interact with others in groups or teams that contribute to effective working



relationships and the achievement of goals.
 EES 10 Manage the use of time and other resources to complete projects.

Course Evaluation:

Passing Grade: 65%,
 A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Other Course Evaluation & Assessment Requirements:

Course hours are represented as follows:
 Theory: 36 total hours
 Important note about course evaluation:
 Successful completion of this course is dependent on all assignments being completed and submitted.
 If this course has any components graded on a satisfactory/unsatisfactory grading scheme, each assignment must achieve a grade of satisfactory , in addition, a minimum cumulative grade of 65% is required to pass the course.

ETPs:
 1.19, 3.4, 5.9, 6.3, 6.8

Books and Required Resources:

Ebersole & Hess` Gerontological Nursing & Healthy Aging in Canada by Boscart
 Publisher: Mosby, Incorporated Edition: 3rd Canadian
 ISBN: 9780323778749
 Ackley & Ladwig`s Nursing Diagnosis Handbook by Makic
 Publisher: Mosby, Incorporated Edition: 13th
 ISBN: 9780323776837
 Potter and Perry`s Canadian Fundamentals of Nursing by Astle
 Publisher: Elsevier HlthSciences Division Edition: 7th
 ISBN: 9780323870658
 ISBN-13: eBook 9780323870665

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
Develop an understanding of own personal concepts and the professional concepts of health and healthy living.	1.2 Heighten awareness of personal concepts of health and healthy living 1.3 Describe models of health, health determinants, and health promotion strategies. 1.4 Develop an understanding of the Canadian demographic trends of the older adult population 1.6 Explore the link between concepts of health, healthy living and health care within the context of the older adult
Course Outcome 2	Learning Objectives for Course Outcome 2
Examine beliefs, values, and perceptions about	2.1 Reflect on personal beliefs and values about health to develop your own personal

health held by others and how these differences influence the way people behave, with a focus on the older adult	<p>meaning/definition of health</p> <p>2.2 Reflect on personal beliefs and values about health to develop your own personal meaning/definition of health</p> <p>2.3 Reflect on your personal beliefs, values and experiences related to the older adult population</p>
Course Outcome 3	Learning Objectives for Course Outcome 3
Examine nursing actions from a nursing process framework	<p>3.1 Identify the nursing process as a fundamental problem-solving process.</p> <p>3.2 Describe the different components of the nursing process.</p> <p>3.3 Ability to apply the nursing process to a clinical case study</p>
Course Outcome 4	Learning Objectives for Course Outcome 4
Explore the change process in relation to health and healthy living with a focus on the older adult.	<p>4.1 Develop a basic understanding of potentially pathological changes of aging.</p> <p>4.2 Develop a basic understanding of the various theories of aging.</p> <p>4.3 Develop an understanding of a variety of aspects of healthy aging, including physical, social, psychological, spiritual, and cognitive.</p> <p>4.4 Discover and dispel myths and stereotypes related to aging and the older adult</p>
Course Outcome 5	Learning Objectives for Course Outcome 5
Explore the fundamentals of nursing practice.	<p>5.1 Describe the main purposes of a health record.</p> <p>5.2 Describe some of the legal issues surrounding nursing documentation.</p> <p>5.3 Identify some of the characteristics of quality nursing documentation.</p> <p>5.4 Describe some of the different methods of record keeping.</p> <p>5.5 Describe specific documentation methods typically used in long-term care settings</p> <p>5.3 Identify the purposes of client education and role of the nurse in client education.</p>
Course Outcome 6	Learning Objectives for Course Outcome 6
Develop an understanding of communication in the nursing practice with a focus on the older adult.	<p>6.1 Describe the importance of communication to the lives of older persons</p> <p>6.2 Describe interventions that facilitate communication individually and in groups</p> <p>6.3 Understand the significance of the life story of an older person</p> <p>6.4 Discuss the modalities of reminiscence and life review</p> <p>6.5 Identify effective communication strategies for older persons with speech,</p> <p>6.6 language, hearing, vision, and cognitive impairments</p> <p>6.7 Discuss the relationship of sensory function to an individual's level of wellness</p>



	<p>6.8 Discuss common causes and effects of sensory alterations</p> <p>6.9 Discuss common sensory changes that normally take place as individuals age.</p> <p>6.10 Describe conditions in the health care setting or patient's home that nurses can</p> <p>6.11 adjust to promote meaningful sensory stimulation</p>
Course Outcome 7	Learning Objectives for Course Outcome 7
Develop an understanding of client education as it relates to the nursing practice	<p>7.1 Identify appropriate communication principles when providing client education.</p> <p>7.2 Describe the domains of learning.</p> <p>7.3 Develop understanding of how to assess a client's basic learning needs and explore the</p> <p>7.4 different factors that influence the process of learning.</p> <p>7.5 Discuss nuances of teaching the older adult population, including the consideration of cognitive, neurological and sensory deficits.</p> <p>7.6 Discuss appropriate methods to evaluate learning</p>

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Final Exam	35%
In-Class Activities	15%
Test 1	25%
Weekly Quizzes	10%
Written Assignment	15%

Date: September 3, 2024

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.